

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**“Do More of What Makes You Happy”**

~Wayne Dyer

National Assisted Living Week Sept. 13<sup>th</sup> – Sept. 19<sup>th</sup>

**1**  
9:30 Calendar Distribution  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Classroom Humor  
And Remembering School  
Days  
3:00 Travelogue to Madrid

**2**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 How Did We Ever Live  
Without...?  
4:15 Outdoor Strolls  
(weather permitting)

**3**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Tasty Treat Cart  
3:15 Stolen Days  
4:00 American Flag Flown in  
Battle Day

**4**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Root Beer Floats  
3:15 Bingo  
4:30 Prizes

**5**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Ice Cream Cart  
3:15 Run for The Roses Day  
Word Challenge



**6**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Ice Cream Cart  
3:30 Back to School  
Memories Day



Back To School

**7**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
**3:15 Celebrating Labor Day  
Word Game, Job Quotes  
& Quiz**  
4:00 Outdoor Strolls  
(weather permitting)

Labor Day

**8**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Pledge of Allegiance:  
History & Fun Facts  
3:00 Jeopardy

**9**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Biography Spotlight:  
Grandma Moses  
4:15 Outdoor Strolls  
(weather permitting)

**10**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Tasty Treat Cart  
3:15 Fruits of the Harvest  
Day Art & Puzzles  
4:00 Moving to the Music

**11**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Ice Cream Cart &  
Random Trivia  
3:15 Bingo  
4:30 Prizes

**12**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Ice Cream Cart  
3:30 Old Wives Tales  
4:00 Outdoor Strolls  
(weather permitting)

**13**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Ice Cream Cart  
**3:30 Memories of Our  
Grandparents**  
4:15 Outdoor Strolls  
(weather permitting)

Grandparents Day

**14**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Tasty Treat Cart  
3:00 Chair Exercise  
4:00 Bird Watching  
(weather permitting)

**15**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Greenpeace Day History  
3:00 Biography of  
Agatha Christie

**16**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Mexican Independence  
Day  
4:15 Outdoor Strolls  
(weather permitting)

**17**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Tasty Treat Cart  
3:15 History of Constitution  
Day  
4:00 Who Sang This Song...?

**18**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Ice Cream Cart &  
**Understanding  
Rosh Hashanah History &  
Fun Facts**  
3:15 Bingo & Prizes

Rosh Hashanah Begins

**19**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Root Beer Floats  
3:30 Oktoberfest: Beer  
Quotes & Trivia  
4:00 Outdoor Strolls



Oktoberfest Begins

**20**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Ice Cream Cart  
3:30 Who or What Am I?  
4:15 Outdoor Strolls  
(weather permitting)

**21**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Tasty Treat Cart  
**3:30 Celebrating World  
Gratitude Day &  
Individual Art Project**



**22**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Harvest Trivia  
3:00 Cranium Crunches



Autumn Begins

**23**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Biography Spotlight:  
Victoria Woodhull  
4:15 Outdoor Strolls  
(weather permitting)

**24**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Tasty Treat Cart  
3:00 The Life of Jim Henson  
& His Fun Loving Characters  
4:00 Discovery of the  
Pacific Ocean

**25**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Ice Cream Cart &  
Funny Humor  
3:15 Bingo  
4:30 Prizes

**26**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Ice Cream Cart  
3:30 Celebrating Maritime  
Day  
4:00 Outdoor Strolls  
(weather permitting)

**27**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Ice Cream Cart  
3:30 Yom Kippur: The Day of  
Atonement, and Yom Kippur  
True or False

Yom Kippur Begins

**28**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Tasty Treat Cart  
3:00 Move Your Body  
4:00 September IQ Quiz:  
Test your knowledge of  
September

**29**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 International Coffee Day  
3:00 Modern Jeopardy

**30**  
10:00 Daily Chronicles,  
Spiritual Quote, Coffee Cart  
and Mail Delivery  
2:00 Biography Spotlight:  
Confucius  
4:15 Outdoor Strolls  
(weather permitting)

# September 2020

\*Activities are subject to change. Please refer to the Daily Activity Board.  
\*Activities are held in resident's rooms.

